

Dear Parents and Carers,

Next week is our much-anticipated faction athletics week, and we welcome you to join us!

#### Long Distance Run, Jumps and Throws

On **Tuesday 3rd September**, our Year 1 students will complete their long-distance run, and students in Year 2-6 will compete in their long-distance run, in addition to jumps and throws. Students in each year group will be on the oval during their allocated times and then return to their classes afterwards.

If you are able to assist us on the day, please sign up here - https://volunteersignup.org/LK8JQ

#### **Athletics Carnival Day**

On **Friday 6<sup>th</sup> September**, all Goollelal students will participate in the annual Faction Athletics Carnival. Students have been preparing for the carnival during their Physical Education lessons and placed in the appropriate sprint division based on completed trials.

Students should come dressed for the day in their faction colour shirts and school shorts/skorts. They are welcome to wear accessories in their faction colour, however hair colour must be applied at home. No hair spray is to be brought to school.

We encourage all students to be sun smart. Sunscreen will be available in faction bays, but we also encourage all students to apply this before coming to school. Students will be under marquees for the running events and relays. School hats are compulsory but can be removed for running events.

Students are asked to bring their recess and lunch, appropriate snacks and at least one litre of water for the duration of the day. At the end of the carnival, students will be dismissed from the oval. Should the carnival finish early, students will return to their classes to be dismissed as usual at 3.10 pm.

Like last year, the team games will be organised in a tabloid format. This means that students will participate in all activities at different stations in a rotation format. Feedback from last year was that this approach provides a far more enjoyable experience for students, who are constantly engaged and active. Our school oval will be a hive of activity!

During the racing events, please remain in the designated spectator area. During the tabloid games, you are welcome to follow your children around.

For your convenience, there will be a coffee van in attendance on the day and the canteen will <u>open after the carnival</u> <u>for icy pole and ice cream sales only</u>. Purchases can be made by cash or 'tap and go'.

Your help to make this day a success for our students would be greatly appreciated. If you are able to volunteer on the day, please sign up here - <u>https://volunteersignup.org/87HJF</u>.

We look forward to a wonderful day of athletics and team spirit. Please contact the school should you require any further clarification on the information provided.



#### Jumps Throws and Long-Distance Running Tuesday 3<sup>rd</sup> September 2024

(all times are approximate)

Time	Group	Event	
Year 1 Events			
9:00 am	Year 1 Boys	200m run	
9:10 am	Year 1 Girls	200m run	
Year 2 Events			
9:20 am	Year 2 Boys	200m run	
9:30 am	Year 2 Girls	200m run	
9:40 am	Year 2 Boys	Long Throw	
	Year 2 Girls	Long Jump	
10:10 am	Year 2 Boys	Long Jump	
	Year 2 Girls	Long Throw	
Year 3 & 4 Events			
10:40 am	Year 3 Boys	200m run	
	Year 3 Girls	200m run	
	Year 4 Boys	400m run	
	Year 4 Girls	400m run	
Year 3 & 4 Events cont.			
11.40 am	Year 3 & 4 Boys	Turbo Javelin	
	Year 3 & 4 Girls	Long Jump	
12:10 pm	Year 3 & 4 Boys	Long Jump	
	Year 3 & 4 Girls	Turbo Javelin	
Year 5 & 6 Events			
12:40 pm	Year 5 Boys	400m run	
	Year 5 Girls	400m run	
	Year 6 Boys	400m run	
	Year 6 Girls	400m run	
1:40 pm	Year 5 & 6 Boys Turbo Javelin		
	Year 5 & 6 Girls	Long Jump	
2:00 pm	Year 5 & 6 Boys	Long Jump	
	Year 5 & 6 Girls	Turbo Javelin	



#### Sprint Races, Relays and Tabloid Events Friday 6<sup>th</sup> September 2024

(all times are approximate)

Tiı	Time Event								
9:00	) am	Faction parade onto the oval							
SPRINTS									
9:10	) am	Kindy (after their race, kindy students will move to the west side of the oval for games).							
9:25	5 am	Pre-primary 50 m sprint							
9:40	) am	Year 1 60 m sprint							
9:50	) am	Year 2 60 m sprint							
10:0	0 am	Year 3 75 m sprint							
10:1	0 am	Year 4 75 m sprint							
10:2	0 am	Year 5 100 m sprint							
10:3	0 am	Year 6 100 m sprint							
TABLOID EVENTS									
	Leaderball Circleball (PP/1/2)	Flag Relay	Stretching	Tunnelball	Egg & Spoon Race	Passball Corner Spry (PP)	Tug o' War		
11:15 am	PP	1	2	3	4	5	6		
11:30 am	6	PP	1	2	3	4	5		
11:45 am	5	6	PP	1	2	3	4		
12:00 pm	4	5	6	PP	1	2	3		
12:15 pm	3	4	5	6	PP	1	2		
12:30 pm	2	3	4	5	6	PP	1		
12:45 pm	1	2	3	4	5	6	PP		
LUNCH BREAK 1:00 – 1:30 pm									
1:40 pm Baton Relay Races (Pre-primary – Year 6)									
2:10 pm Grand Relay Race									
2:25	2:25 pm Presentations								
END OF THE DAY									





Red faction is now called

'Kaarda'.

Like their totem the goanna, the athletes from Kaarda are fierce, tough and resilient.

Gold faction is now called

### 'Maali'.

Like the unique black swan, the members of this faction are graceful and protective but surprisingly fierce.





Green faction is now known as

### 'Yongka'.

With the kangaroo as their mascot, the students of Yongka are swift, brave and strong.